

springfield LIVING

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DECEMBER | 2017

OUR CITY, OUR DOWNTOWN

Where businesses and the
community continue to grow.

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CHAMBER OF
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VOL. 2 • NO. 4

OFF THE CLOCK

Dr. Afshan Ahmed is the owner of North Spring Dental



■ **My work makes me feel:**

Purposeful. Serving my patients is extremely rewarding.

■ **My favorite things:**

Cooking, reading books on design and a solid sunny, warm day.

■ **What people might be surprised to learn about you:**

I grew up in Tampa, Florida.

■ **Favorite thing to do "Off the Clock:":**

Travel.

■ **The last thing I read:**

"Girl Code" by Cara Alwill Leyba

■ **Guilty pleasure:**

Watching "Keeping Up with the Kardashians"

■ **Favorite quote:**

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." – Maya Angelou

■ **Favorite movie:**

"The Princess Bride"

■ **Favorite television show:**

"The X-Files"

■ **Best song on your iPod:**

"Closer to Fine" by Indigo Girls

■ **I can't live without:**

My family: my husband, my boys and my work family.

■ **Hardest job you have ever had:**

The hardest and most rewarding: being a mom.

■ **Hardest professional lesson you have ever learned:**

Time smooths most things out.

■ **Most challenging part of your job:**

Alleviating anxiety for patients who dislike the dentist.

■ **Most rewarding part of your job:**

Making a difference in my patients' lives, their health and their smiles.

■ **Best advice you've ever received:**

Have faith that some things are out of my control, and even with the best planning you have to go with the flow.

■ **Best advice for up and coming business people:**

Keep it real. Practice your authentic self and the rest will fall into place.

■ **Best advice for achieving work/ family life balance:**

Create a work environment that feels like family.

■ **Best job you could have other than this one:**

Having my own food truck.

■ **The advantage of doing business in Springfield:**

Moving from a large city to a smaller one took some adjusting. The small town feel allows me to really engage in our community, and seeing patients everywhere is a bonus.